ERASMUS+ ICM
Practical Guidebook for Incoming Students at ISEC
Content

Welcome to Armenia.................................................................3
Regions of Armenia...............................................................6
Administrative Districts of Yerevan ..................................................8
Public Transport........................................................................9
Sightseeing and Landmarks in Yerevan ............................................12
Sightseeing and Landmarks out of Yerevan ....................................13
Armenian Cuisine ........................................................................14
Armenian Restaurants .................................................................14
Festivals in Armenia .......................................................................15
Other Festivals.............................................................................15
For Emergency Situations:...........................................................16
Other Important Information:.........................................................16
Welcome to Armenia

Establishment- Yervanduni dynasty- 6th century BC

Kingdom of Armenia- 321 BC-428 AD

Religion -Christianity (Armenian Apostolic Church, 321AD). The mother church of Armenia is

Etchmiadzin Cathedral

Official Language - Armenian

Flag- Red, Blue, Orange, 28 May, 1918-1922 (re-adopted on 24 August, 1990)

https://en.wikipedia.org/wiki/Flag_of_Armenia
Population- 2.9 million (98.1% Armenians, 1.2% Yazidis, 0.4% Russians, 0.3% other)

Territory – 29,7km²

Currency- Dram (AMD), 1 Euro- about 560AMD (www.rate.am)

Country code +374

Capital - Yerevan since 1918 (The history of Yerevan dates back to the 8th century BC, with the founding of the fortress of Erebuni in 782 BC by King Argishti I at the western extreme of the Ararat plain)

National Holidays

1 January, January 2 – New Year (Non-working day)

6 January – Christmas (Non-working day), https://www.qahana.am/en/holidays/2022-01-06/1

28 January – Day Army (Non-working day)

8 March – International Women's Day (Non-working day)

7 April – Motherhood and Beauty Day

1 May – International Worker's Solidarity Day

9 May – Victory and Peace Day (Non-working day)

28 May – First Armenian Republic Day, 1918 (Non-working day)

5 July – Constitution Day, 1995 (Non-working day)

21 September – Independence Day, 1991 (Non-working day)

7 December – Spitak Earthquake Memorial Day, 1988

Religious Holidays

12 February – Saint Sarkis https://www.qahana.am/en/holidays/2022-02-12/1

14 February- Tiarn’ndaraj/Trndez https://www.qahana.am/en/holidays/2022-02-14/1

17 April, 2022- Easter (No fixed day)- https://www.qahana.am/en/holidays/2022-04-17/1

24 July, 2022- Vardavar (No fixed day) - https://www.qahana.am/en/holidays/2022-07-24/1

Grape Blessing Day/Saint Mariam (No fixed day) - https://armeniadiscovery.com/en/articles/grape-blessing-day
Armenian Alphabet (Created by Mesrop Mashtots in 405AD)
https://www.lexilogos.com/keyboard/armenian.htm

Hello- Բարդ (Barev)
Goodbye- Շնորհակալություն (Shnorhalutyun), Մեր Սի (Mersi)
How are you- Ո՞նց եք (Onq eq)
Thank you- Կոնի թոք (Konityok)
Tea- Թեյ (Tey)
Coffee- Կոֆ (Kofe)
Regions of Armenia

<table>
<thead>
<tr>
<th>Regions</th>
<th>Main Cities of Regions</th>
</tr>
</thead>
<tbody>
<tr>
<td>Shirak</td>
<td>Gyumri</td>
</tr>
<tr>
<td>Lorri</td>
<td>Vanadzor</td>
</tr>
<tr>
<td>Tavush</td>
<td>Ijevan</td>
</tr>
<tr>
<td>Aragatsotn</td>
<td>Ashtarak</td>
</tr>
<tr>
<td>Kotayk</td>
<td>Hrazdan</td>
</tr>
<tr>
<td>Gegharkunik</td>
<td>Gavar</td>
</tr>
<tr>
<td>Ararat</td>
<td>Artashat</td>
</tr>
<tr>
<td>Vayots Dzor</td>
<td>Yeghegnadzor</td>
</tr>
<tr>
<td>Syunik</td>
<td>Kapan</td>
</tr>
</tbody>
</table>
Administrative Districts of Yerevan

https://www.yerevan.am/en/administrative-districts/
Achapnyak                 Kentron
Davtashen                  Nork-Marash
Arabkir                    Nor Nork
Malatia-Sebastia           Shengavit
Qanaqer-Zeytun             Erebuni
Avan                       Nubarashen
Public Transport

Buses and microbuses in Yerevan (http://marshrut.info/)
Yerevan Map
Metro in Yerevan has 10 stations (http://www.yermetro.am/)

Taxi applications - GG, Yandex, InDriver, Utaxi (1km=100AMD, minimum rate is 500-600AMD)

Train- Yerevan-Gyumri, Yerevan-Tbilisi (https://www.railway.am/arm/feedback), "South Caucasus Railway", address - Tigran Mets str. 50, Yerevan

From Yerevan to Regions Public Transport from Kilikia station

Yerevan Airport Shuttle Bus 300 AMD
Yerevan – Tbilisi 6.000 AMD
Yerevan – Gyumri 1.000 AMD
Yerevan – Etchmiadzin 250 AMD
Yerevan – Garni 250 AMD
Yerevan - Khor Virap 250 AMD
Yerevan – Ashtarak 250 AMD
Yerevan – Vanadzor 1.000 AMD
Yerevan – Dilijan 1.000 AMD
Yerevan – Jermuk 2.000 AMD
Yerevan – Byurakan 350 AMD
Yerevan- Yeghegnadzor 1200AMD (First part station)


Hotels in Armenia https://www.allhotels.am/en/

Sightseeing and Landmarks in Yerevan

Unique places: https://visityerevan.am/browse/places-unique-places/en/
Museums: https://visityerevan.am/browse/places-museums-and-galleries/en/
Churches: https://visityerevan.am/browse/places-places-of-worship/en/
Concert halls and music venues: https://visityerevan.am/browse/places-concert-halls--music-venues/en/
Sport: https://visityerevan.am/browse/places-sport/en/
Monuments: https://visityerevan.am/browse/places-monuments/en/
Shopping and Souvenirs: https://visityerevan.am/browse/places-shopping--souvenirs/en/
Sightseeing and Landmarks out of Yerevan

https://whc.unesco.org/en/list/960/
https://www.advantour.com/armenia/noravank.htm
Khor Virap Monastery - https://www.worldhistory.org/Khor_Virap/
Lake Sevan - https://traveltoarmenia.am/destination/lake-sevan/
https://www.enterprise.am/lake-sevan;
http://www.atb.am/en/armenia/sights/more/burakan/
Etchmiadzin Cathedral (Mother See of Holy Ethmiadzin) -
https://armenianchurch.us/etchmiadzin/
Armenian Cuisine

Armenian dolma in grape leaves

Gapama

https://absolutearmenia.com/dishes-armenian-food/

Armenian Restaurants

Lavash, Sherep, Taverna Yerevan, Caucasus, Caucasian Captive

Tashir, Karas, Tumanyan Shaurma (Armenian Fast Food)

Foreign Affairs Department of ISEC NAS RA
Festivals in Armenia
(https://www.yerevan.am/en/festivals-of-yerevan/)

Yerevan Wine Days Transfiguration Fest
Utestfest Yerevan Yerevan TARAZfest
Vardavar

Other Festivals


<table>
<thead>
<tr>
<th>The name of Festival</th>
<th>Date(changeable)</th>
<th>Festival place</th>
</tr>
</thead>
<tbody>
<tr>
<td>New Year in Yerevan</td>
<td>Dec. – Jan.</td>
<td>Yerevan City Centre</td>
</tr>
<tr>
<td>Snow Art Festival - Snowman</td>
<td>17 February</td>
<td>Jermuk city</td>
</tr>
<tr>
<td>Dolma Festival</td>
<td>20 May</td>
<td>Hnaberd vil., Ararat region</td>
</tr>
<tr>
<td>Sheep Trimming Festival</td>
<td>9 June</td>
<td>Khot vil., Syunik region</td>
</tr>
<tr>
<td>Ecotourism Festival</td>
<td>16-17 June</td>
<td>Artavan, Vayots Dzor region</td>
</tr>
<tr>
<td>“Syunik Goods” festival</td>
<td>7 July</td>
<td>Karahunj, Syunik region</td>
</tr>
<tr>
<td>Watermelon Festival</td>
<td>14 July</td>
<td>Swan Lake, Yerevan</td>
</tr>
<tr>
<td>Ереван Taraz Fest</td>
<td>4 August</td>
<td>Northern avenue, Yerevan</td>
</tr>
<tr>
<td>Honey and Berries Festival</td>
<td>13 August</td>
<td>Berd city, Tavush region</td>
</tr>
<tr>
<td>Beer Festival</td>
<td>18-19 August</td>
<td>Swan Lake, Yerevan</td>
</tr>
<tr>
<td>Barbeque Festival</td>
<td>18-19 August</td>
<td>Akhtala vil., Lori region</td>
</tr>
<tr>
<td>Rural Life and Traditions Festival</td>
<td>15 September</td>
<td>English park, Yerevan</td>
</tr>
<tr>
<td>Gata Festival</td>
<td>22 September</td>
<td>Khachik vil., Vayots Dzor region</td>
</tr>
<tr>
<td>Tea and Coffee Festival</td>
<td>28 - 29 September</td>
<td>Swan Lake, Yerevan</td>
</tr>
<tr>
<td>Wine Festival</td>
<td>6 October</td>
<td>Areni vil., Vayots Dzor region</td>
</tr>
</tbody>
</table>
For Emergency Situations:

Hospital - 102

Gas emergency service - 104

Crisis Management Center of the Ministry of Emergency Situations - 101, 911, 112, 108

Police - 102

https://www.yerevan.am/en/hot-line/

Other Important Information:

Concerts in Armenia: www.toms.am    https://www.tomsarkgh.am/


International flights in Europe: www.omio.com